

## TRAINING SUBJECTS AND STATUS

Sl	Description	Language	Duration (Hrs)	PP Slides	Video	Exercises	Exam	Del. Manual	Ice breaker	Blog	Certificate		
											Regional	International	Other
1.	Abrasive Wheel	E	08	+	+	+	+	+	+	X	+		
2.	Incident Investigation and Reporting	E	08	+	+	+	+	+	+	X	+		
3.	Aerial Lift Safety	E	08	+	+	+	+	+	+		+		
4.	Asbestos Awareness	E/H	08	+	+	+	+	+	+		+		
5.	Authorized Gas Tester	E	08	+	+	+	+	+	+		+		
6.	Back Safety	E	08	+	+	+	+	+	+		+		
7.	Bloodborne Pathogens (General)	E	08	+	+	+	+	+	+	X	+		
8.	Bloodborne Pathogens Health Care	E	08	+	+	+	+	+	+	X	+		
9.	Banksman	E/H	08	+	+	+	+	+	+		+		
10.	Basic Fire Fighting	E/H	06	+	+	+	+	+	+		+		
11.	Basic First Aid	E/H	06	+	+	+	+	+	+		+		
12.	Basic scaffold construction	E/H	08	+	+	+	+	+	+		+		
13.	Behavior Based Safety for Workers	H	08	+	+	+	+	+	+	X	+		
14.	Behavior Based Safety for Staff	E	08	+	+	+	+	+	+	X	+		
15.	Chemicals handling	E	08	+	+	+	+	+	+	X	+		
16.	Commercial Motor Vehicle Inspection	E	08	+	+	+	+	+	+	X	+		
17.	Compressed Gases	E/H	08	+	+	+	+	+	+	X	+		
18.	COSHH	E/H	06	+	+	+	+	+	+	X	+		
19.	Confined Space Rescue	E/H	08	+	+	+	+	+	+	X	+		
20.	Confined Space Attendant	E/H	08	+	+	+	+	+	+	X	+		
21.	Confined Space Entrant	E	08	+	+	+	+	+	+	X	+		
22.	Contractor Safety	E/H	08	+	+	+	+	+	+	X	+		
23.	Crane Rigging	E	08	+	+	+	+	+	+	X	+		
24.	Cradle Operator	E	08	+	+	+	+	+	+	X	+		
25.	Crane Rigger & Lifting Supervisor	E	08	+	+	+	+	+	+	X	+		
26.	Crane – Rigger & Lifting	E	08	+	+	+	+	+	+	X	+		
27.	Crane - Rigging Supervisor	E	08	+	+	+	+	+	+	X	+		

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28.	Crane operator & Signalman	E	08	+	+	+	+	+	+	X	+		
29.	Defensive Driving	E/H	06	+	+	+	+	+	+	X	+		
30.	Dipping and Coating	E	08	+	+	+	+	+	+	X	+		
31.	Disaster Planning Employees	E	08	+	+	+	+	+	+	X	+		
32.	Disaster Planning Supervisors	E	08	+	+	+	+	+	+	X	+		
33.	Diversity legal basics	E	08	+	+	+	+	+	+	X	+		
34.	Driver wellness	E	08	+	+	+	+	+	+	X	+		
35.	Diesel Distribution and Diesel Tank Operator	E/H	06	+	+	+	+	+	+	X	+		
36.	Ergonomics Healthcare	E	06	+	+	+	+	+	+	X	+		
37.	Ergonomics Industrial	E	06	+	+	+	+	+	+	X	+		
38.	Ergonomics Vibration	E	06	+	+	+	+	+	+	X	+		
39.	Ergonomics	E/H	08	+	+	+	+	+	+	X	+		
40.	Electrical Safety-LOTO	E	08	+	+	+	+	+	+	X	+		
41.	Environmental Awareness (ISO 14001)	E	08	+	+	+	+	+	+	X	+		
42.	Excavation & Trenching	E/H	08	+	+	+	+	+	+	X	+		
43.	Fall Protection	E	08	+	+	+	+	+	+	X	+		
44.	Fire & Safety level 1	E	08	+	+	+	+	+	+	X	+		
45.	Fire & Safety level 2	E	16	+	+	+	+	+	+	X	+		
46.	Fire Marshal/Coordinator	E	06	+	+	+	+	+	+	X	+		
47.	Fire Watcher & Fire Warden	E	08	+	+	+	+	+	+	X	+		
48.	Flagman	E	08	+	+	+	+	+	+	X	+		
49.	Food Safety Level 1	E	24	+	+	+	+	+	+	X	+		
50.	Food Safety Level 3	E	08	+	+	+	+	+	+	X	+		
51.	Forklift Operator/Pedestrian Safety	E	06	+	+	+	+	+	+	X	+		
52.	Good Housekeeping	E	08	+	+	+	+	+	+	X	+		
53.	HACCP	E	08	+	+	+	+	+	+	X	+		
54.	Hand and Power Tool Safety	E	08	+	+	+	+	+	+	X	+		

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55.	Handling Weight	E	08	+	+	+	+	+	+	X	+		
56.	Hazard Communication	E	08	+	+	+	+	+	+	X	+		
57.	Hazardous Chemicals Handling	E	08	+	+	+	+	+	+	X	+		
58.	Hazardous Materials Transport	E	08	+	+	+	+	+	+	X	+		
59.	Heat Stress	E/H	08	+	+	+	+	+	+		+		
60.	Hexavalent Chromium	E	08	+	+	+	+	+	+		+		
61.	Home Safety	E	08	+	+	+	+	+	+		+		
62.	Hot Work	E	08	+	+	+	+	+	+		+		
63.	Industrial Hygiene	E	08	+	+	+	+	+	+		+		
64.	iOSH Managing Safely	E	08	+	+	+	+	+	+		+		
65.	iOSH Supervising Safety	E	08	+	+	+	+	+	+		+		
66.	Job Hazard Analysis (JHA)	E	08	+	+	+	+	+	+		+		
67.	Laboratory Safety	E	08	+	+	+	+	+	+		+		
68.	Ladder Safety	E	08	+	+	+	+	+	+	X	+		
69.	Laundry safety	E	06	+	+	+	+	+	+	X	+		
70.	Lockout-Tagout control of Hazardous energy	E	08	+	+	+	+	+	+	X	+		
71.	Machine Safety	E	08	+	+	+	+	+	+	X	+		
72.	Manual Handling	E	08	+	+	+	+	+	+	X	+		
73.	Method Statement & Risk Assessment (MSRA)	E	08	+	+	+	+	+	+	X	+		
74.	Mobile Elevated Working Platform (MEWP)	E	08	+	+	+	+	+	+	X	+		
75.	Material Safety Data Sheet (MSDS)	E	08	+	+	+	+	+	+		+		
76.	MY GOAL (Personal goal setting)	E	08	+	+	+	+	+	+		+		
77.	Negotiation Skills	E	08	+	+	+	+	+	+		+		
78.	NFPA Assessment	E	08	+	+	+	+	+	+		+		
79.	Noise and Hearing Conservation	E	08	+	+	+	+	+	+		+		
80.	How to set Objectives and KPIs	E	08	+	+	+	+	+	+		+		
81.	Office Safety (Hazards, Ergonomics)	E	06	+	+	+	+	+	+		+		

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82.	OSHAD SF Awareness	E	08	+	+	+	+	+	+		+		
83.	OSHAD SF Implementation	E	12	+	+	+	+	+	+	x	+		
84.	Power Tools	E/H	08	+	+	+	+	+	+	x	+		
85.	Personal Protective Equipment (PPE)	E	08	+	+	+	+	+	+		+		
86.	Prevent amputation, violence at work	E	08	+	+	+	+	+	+		+		
87.	Problem Solving Supervisors	E	08	+	+	+	+	+	+		+		
88.	Professional Auditing and audit reporting	E	16	+	+	+	+	+	+	x	+		
89.	Project Management System	E	24	+	+	+	+	+	+	x	+		
90.	Permit to Work (PTW)	E	08	+	+	+	+	+	+		+		
91.	Respiratory Protection	E	08	+	+	+	+	+	+		+		
92.	Restricted Area, Color Code, Signs, Signals	E	08	+	+	+	+	+	+		+		
93.	Rigging and Slings	E	08	+	+	+	+	+	+		+		
94.	Risk and Opportunities (Business Risk)	E	08	+	+	+	+	+	+		+		
95.	Risk Assessment (HSE)	E	16	+	+	+	+	+	+		+		
96.	Root Cause Analysis	E	08	+	+	+	+	+	+	x	+		
97.	Safety Culture at Workplace	E	08	+	+	+	+	+	+	x	+		
98.	Safety Orientation to Employees	E	06	+	+	+	+	+	+	x	+		
99.	Safety Recordkeeping	E	08	+	+	+	+	+	+	x	+		
100.	Safety Violence Prevention	E	08	+	+	+	+	+	+	x	+		
101.	Safety Wellness and You	E	06	+	+	+	+	+	+	x	+		
102.	Fix Scaffolding Safely	E	08	+	+	+	+	+	+		+		
103.	Shaft Entry	E	08	+	+	+	+	+	+		+		
104.	Shiftwork Safety	E	08	+	+	+	+	+	+		+		
105.	Silicosis Prevention	E	06	+	+	+	+	+	+		+		
106.	Slips, Trips and Falls in Construction	E	08	+	+	+	+	+	+		+		
107.	Slips Trips and Falls at Workplace	E	08	+	+	+	+	+	+		+		
108.	Soil Testing	E	08	+	+	+	+	+	+		+		

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109.	Strategic Management	E	16	+	+	+	+	+	+		+		
110.	Stress Management	E	08	+	+	+	+	+	+		+		
111.	Substances abuse employees	E/H	08	+	+	+	+	+	+		+		
112.	Tool, Box Talks (101 TBT)	E/H	08	+	+	+	+	+	+	X	+		
113.	Team Building	E	16	+	+	+	+	+	+	X	+		
114.	Train the Trainer to Train	E	16	+	+	+	+	+	+		+		
115.	Warehouse Safety	E	08	+	+	+	+	+	+		+		
116.	Waste Management	E	08	+	+	+	+	+	+		+		
117.	Welding (Hot work)	E	08	+	+	+	+	+	+		+		
118.	Work at Height Rescue	E	08	+	+	+	+	+	+		+		
119.	ISO 9001:2015 Lead Assessor	E	40	+	+	+	+	+	+			+	
120.	ISO 14001:2015 Lead Assessor	E	40	+	+	+	+	+	+			+	
121.	ISO 45001:2018 Lead Assessor	E	40	+	+	+	+	+	+			+	
122.	ISO 22000:2018 Lead Assessor	E	40	+	+	+	+	+	+			+	
123.	IMS (QMS/EMS/OH&S)	E	24	+	+	+	+	+	+		+		
124.	Cost of poor quality	E	08	+	+	+	+	+	+	X	+		
125.	Risk Based Auditing	E	08	+	+	+	+	+	+	X	+		
126.	IMS for Corporate heads	E	06	+	+	+	+	+	+	X	+		
127.	Env. Aspects and Impact assessment	E	06	+	+	+	+	+	+	X	+		